



CLIENT EVALUATION/ASSESSMENT

Client Name: _____ **DOB:** _____ **MR#:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone #: _____ **Alternative Phone #:** _____

Vitals:

Temperature: _____

Pulse: _____

Respiration: _____

Blood Pressure: _____

Assistive Devices Used: (circle all that apply)

Glasses

Electric Cart

Hearing Aid(s)

Walker

Dentures

Oxygen

Cane

Dressings

Height: _____

Wheelchair

Weight: _____ lbs

Other: _____

Allergies: _____

Medical Condition(s): _____

Vaccination Status:

Pneumonia vaccination received Yes No Date: _____

Flu vaccination received Yes No Date: _____

COVID-19 vaccination received Yes No Date: _____

Communication Barriers:

Vision: Yes ___ No ___ Correction _____

Hearing: Yes ___ No ___ Correction _____

Speech: Yes ___ No ___

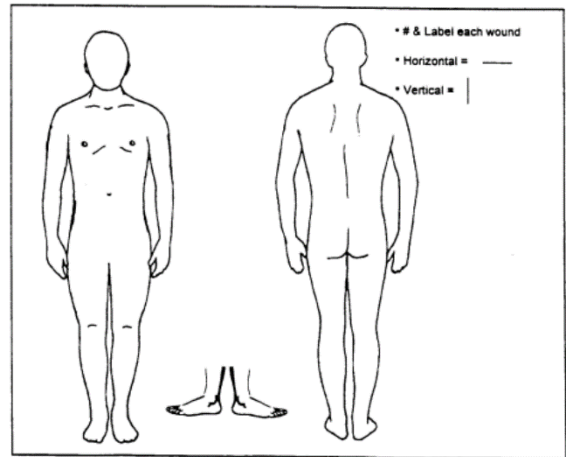
Comments: _____

ADL's

Activity	Independent	Needs Assistance	Equipment	Comment
Bathing				
Dressing				
Grooming				
Toileting				
Transferring				
Walking				
Positioning				
Eating				
Other				

Assistive Devices/Precautions _____

Skin Problems/Interventions: Use diagram to number and identify wounds



Digestive Disorders ___ WNL

Diet _____ Food Allergies _____

Appetite _____ Weight _____ Recent Gain/Loss _____

Indigestion _____ Heartburn: _____ Nausea/Vomiting _____

Constipation/Diarrhea _____ Last BM _____

Nutritional Status: _____ Nutritional Assessment Done _____

Other _____

Respiratory Disorders ___ WNL

Shortness of Breath _____ COPD _____

Hx of Bronchitis, Pneumonia, Sinus Infection _____

Smoker: No ___ Yes ___ PPD ___ # Years ___ Last CXR _____

TB Hx _____ Use of Inhalers/Nebulizers/Oxygen _____

Lung Sounds _____

Other _____

Urinary Status ___ WNL

Catheter: Indwelling ___ Suprapubic ___ Condom ___

Change Schedule/Responsible Person _____

Urinary: Frequency _____ Urgency _____ Nocturia _____ Incontinence _____

Hx UTI's or problem with kidney, bladder or prostate _____

Other Information _____

Joint/Muscle Disorders ___ WNL

Arthritis ___ Describe _____

Joint Replacements ___ Describe _____

Pain _____ Frequency/Intensity _____

Relieved by _____

Muscular Disorders _____

Endocrine ___ WNL

Diabetes _____ Date of Onset _____ BGM _____

Controlled by: Diet ___ Oral Med _____ Insulin _____

Describe Assistance Needed _____

Other Endocrine _____

Cardiovascular Disease ___ WNL

Vital Signs: _____ Peripheral Edema _____

Hyper/Hypotension (describe) _____

Hx of MI/CAD/CVA _____

Neurological Disease ___ WNL

Seizure Disorder _____ Paralysis _____

Neuropathies _____

Other _____

Mental Health Needs/Behavior Interventions

Alert ___ Oriented to: Person ___ Place ___ Time ___ Date ___ SLUMS: Yes ___ No ___

Anxious ___ Forgetful ___ Depressed ___ Wanders ___ Cooperative ___

Routinely sees a mental health professional ___ Condition/Illness Limits ___

Behavior Socially Acceptable: Yes ___ No ___ Describe _____

Responds to Redirection (describe) _____

Social Supports

Satisfied with Quality of Life: Yes ____ No ____ Family Involvement _____

Friends/Neighbors _____

Community Involvement _____

Church Membership/Involvement _____

Guardian/Conservator/Power of Attorney _____

Hobbies/Recreation _____

Barriers to Pursuing Social Activities _____

Safety Factors

History of Falls in past 6 months: Yes ____ No ____

If yes, describe number of falls, precipitating factors, injuries and falls prevention strategies:

See also Falls Risk Assessment ____

Presence of Side Rails: Yes ____ No ____ (If yes, complete Side Rails Assessment)

Home Safety Assessment

Hazard	No safety concerns	If safety concern, describe problem and action/education to correct
Flooring/Rugs		
Stairway		
Bathroom		
Kitchen		
Lighting		

Bedroom		
Phone		
Exterior		
Fire Safety		
Equipment Safety		

See also Home Safety Checklist ____

Other Health Problems

Other Information

RN Signature

Date

Date Assessment Finalized/Signature _____

FALLS RISK ASSESSMENT

Client _____ Date _____

Parameter	Score	Resident Status/Condition
A. Level of Consciousness Mental Status	0	Alert (oriented X 3) or Comatose
	2	Disoriented X 3 at all times
	4	Intermittent Confusion
B. History of Falls (past 3 months)	0	No Falls in past 3 months
	2	1-2 Falls in past 3 months
	4	3 or More Falls in past 3 months
C. Ambulation/Elimination Status	0	Ambulatory/Continent
	2	Chair Bound – Requires restraints and assist with elimination
	4	Ambulatory/Incontinent
D. Vision Status	0	Adequate (with or without glasses)
	2	Poor (with or without glasses)
	4	Legally Blind
E. Gait/Balance: To assess the resident's Gait/Balance, have him/her stand on both feet without holding onto anything; walk straightforward; walk through a doorway; and make a turn.	0	Gait/Balance Normal
	1	Balance Problem while Standing
	1	Balance Problem while Walking
	1	Decreased Muscular Coordination
	1	Change in Gait Pattern when Walking through doorway
	1	Jerking or Unstable when making turns
	1	Requires use of Assistive Devices (i.e., cane, w/c, walker, furniture)
F. Systolic Blood Pressure	0	No Noted Drop between lying and standing
	2	Drop Less Than 20 mm Hg between lying and standing
	4	Drop More Than 20 mm Hg between lying and standing
G. Medications: Respond based on the following types of medications: Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics, Narcotics, Psychotropics, Sedatives/Hypnotics	0	None of these medications taken currently or within last 7 days
	2	Takes 1-2 of these medications currently and/or within last 7 days
	4	Takes 3-4 of these medications currently and/or within last 7 days
	1	If resident has had a change in medications and/or change in dosage in the past 5 days – score 1 additional point
H. Predisposing Diseases: Respond based on the following predisposing conditions: Hypotension, Vertigo, CVA, Parkinson's Disease, Loss of limb(s), Seizures, Arthritis, Osteoporosis, Fractures	0	None Present
	2	1-2 Present
	4	3 or More Present
Total Score of 10 or Above Represents High Risk*		Total Score: _____

*See Care Plan for Interventions.

Comments: _____

RN Signature _____

HOME SAFETY CHECKLIST

Client _____

MR # _____

HAZARD	OK	NO	SUGGESTION/ACTION
Interior			
Small rugs are tacked down or slip resistant			
Flooring, such as tile, rugs, boards, is in good repair			
Cords are not stretched along pathways or under rugs			
Door sills are low			
Pathways are free of clutter			
Stairway			
The handrails are secure and extend from top to bottom			
Steps and flooring are in good condition			
Steps have non-skid surface			
Steps are evenly spaced to allow sure footing			
There are no items cluttering the steps			
Bathroom			
Bathtubs and showers have non-skid mats or surfaces			
Grab bars are present and accessible			
A shower chair is used			
The toilet's height is appropriate and easy to get on and off			
Kitchen			
Regularly used dishes and food are placed within easy reach			
If needed, the step stool is sturdy with a handrail.			
Lighting			
Exits, halls, stairways and pathways are well lit			
Lights can be turned on before going through a dark area			
Night lights are used in hallways, bedroom and bath			
A working flashlight is available in case of power outage			
There is a light or light switch within reach of the bed			
Bedroom			
Bed is proper height			
Furniture is arranged to prevent tripping			
Phone			
There is a working phone by the bed			
Emergency numbers are posted and can be seen			
Exterior			
Outside porch light is working			
Outside stairs are in good repair and have a handrail			
Outside steps have non-slip surface			
Sidewalks and steps are free of debris and snow			
Sidewalks and steps are in good condition			

Other			
Smoke and carbon monoxide detectors are present and checked twice yearly			
Canes, walkers and wheelchairs are clean and in good repair			
Water temperature is at 120 degrees or less			
Windows and doors are in good repair, easy to use and airtight			

RN Signature _____

Date _____

SERVICE AGREEMENT

Client _____ Date _____

Service	Frequency	Staff Title	Supervision Schedule	Fees	Financial Responsibility

Contingency Plan

If services cannot be provided, V-Care Home Health will: _____

If services cannot be provided, Client/Client Representative will: _____

Emergency Plan

In case of emergency or change in condition, V-Care Home Health should contact: _____

_____ Relationship: _____ Phone Number(s): _____

Address: _____

If a medical emergency arises during a home visit, staff will call 911, the physician and V-Care Home Health office unless otherwise instructed. If a medical emergency arises when staff are not present, the client or responsible party should call the physician or 911.

Important Contact Information

V-Care Home Health _____

Office of the Ombudsman for Long-Term Care: 1-800-657-3591

Health Care Directives: Information Provided Client has Advance Directives Copy on File
 Living Will Mental Health Declaration Guardian/Conservator Durable Power of Attorney

Assignment of Benefit: I request payment of health insurance benefits for all services furnished me by V-Care Home Health, Inc. I assign to V-Care Home Health benefits payable to me for home care services rendered.

I have received a copy of: Notice of Personal Health Information Privacy Complaint Process
Recipient Rights Home Care Bill of Rights

I have had the opportunity to participate in the development of the Service Agreement and Care Plan. I have read this agreement, understand it and agree to abide by its terms.

Date: _____ Client/Responsible Party Signature: _____

Date: _____ V-Care Home Health Representative: _____

If Client is not able to sign, provide reason: _____

Print Name and Relationship of Responsible Party: _____

SERVICE PLAN: PART 1

Licensee: V-Care Home Health, Inc.

Address: 1049 Payne Ave N; St Paul, MN 55130

Office Phone #: 651-793-7635 **Fax:** 651-793-7659 **After Hours Call:** 651-343-4454

Client Name: _____ **DOB:** _____ **Telephone #:** _____

RATE SHEET AGREEMENT

Service	Rate
_____	_____
_____	_____

AGENCY POLICIES

Rate Changes: All rates are subject to change with 30 days notice.

Cancellation: Except in an emergency (as defined by the agency) four (4) hours notice is required to cancel scheduled service.

Holidays: The following holidays are billed and employees paid at time and one-half:

Assessment and Supervisory Visits: The charge for the supervisory visit may be waived when daily services are scheduled.

Live In/Sleepover

1. If a live-in or sleepover home health aide is required to be up more than twice/night or is unable to sleep for at least eight (8) hours per night due to the client's care needs, hourly charges will apply.
2. The live-in and sleepover rates will be adjusted for couples.

Billing and Payment

1. A _____ retainer is required for all home health services.
2. Invoices are sent _____ and payment is due upon receipt.
3. Late payments (over 21 days from date of invoice) are subject to a late payment charge of 1.5% per month pro-rated of the amount past-due. Charges will be compounded monthly until the past due amount has been paid.
4. Should an account balance be assigned to a collection agency or an attorney for legal action, the client will be responsible for all collection charges and legal fees.
5. Services may be cancelled for non-payment.

Liquidation Damages: .

SERVICE PLAN: PART 2

Client _____ Date _____

Service Description	Frequency/Schedule	Staff Title/Method	Fees/Financial Responsibility
_____ services/care plan as attached			
Client Review/Reassessment <i>(in person and/or by phone)</i>	<input type="checkbox"/> On admission in person <input type="checkbox"/> Within 14 days in person <input type="checkbox"/> Every 90 days <input type="checkbox"/> As needed	<input type="checkbox"/> RN <input type="checkbox"/> LPN <input type="checkbox"/> Other _____	
Monitoring/Supervision of Staff <i>(in person)</i>	-Unlicensed staff providing delegated services within 30 days of hire and as needed, but not less than annually - Unlicensed staff (Basic Services) as needed but not less than annually -Licensed staff as needed, but not less than annually	<input type="checkbox"/> RN <input type="checkbox"/> LPN (Basic Services) <input type="checkbox"/> Other _____	

Contingency Plan

If services cannot be provided, V-Care Home Health will: _____.

If services cannot be provided, Client/Client Representative will: _____.

Emergency Plan

In case of emergency or change in condition, V-Care Home Health should contact: _____

_____ Relationship: _____ Phone Number(s): _____

Email: _____ Address: _____

I understand that emergency services (911) will be summoned during an emergency unless there is a written physician's/prescriber's order directing V-Care Home Health to refrain from doing so. Other instructions/action in case a medical emergency arises during a home visit:

Important Contact Information

V-Care Home Health 651-793-7635

Office of the Ombudsman for Long-Term Care: 1-800-657-3591

Health Care Directives: Information Provided Client has Advance Directives Copy on File
 Living Will Mental Health Declaration Guardian/Conservator Durable Power of Attorney
 Code Status: Full Resuscitation DNR/DNI

Assignment of Benefit: I request payment of health insurance benefits for all services furnished me by V-Care Home Health, Inc. I assign to V-Care Home Health benefits payable to me for home care services rendered.

I have received a copy of: Home Care Bill of Rights Notice of Personal Health Information Privacy
 Complaint Process Statement of Scope of Home Care Services I understand that a Dementia Notice is available

SERVICE PLAN: PART 2

I have had the opportunity to participate in the development of the Service Plan. I have read this agreement, understand it and agree to abide by its terms.

Date: _____ Client/Responsible Party Signature: _____

Date: _____ V- Care Home Health Representative: _____

If Client is not able to sign, provide reason: _____

Print Name and Relationship of Responsible Party: _____

SERVICE PLAN: PART 3 - TREATMENT PLAN

Client _____

Record ID _____

Treatment	Frequency	Responsible Person	Supervision

When to notify RN: _____

Other Instructions/Comment: _____

Goal(s) _____

Plan prepared with ___ client ___ caregiver/family

RN Signature

Date

Client/Responsible Party Signature

Date

SERVICE PLAN: PART 4 - MEDICATION MANAGEMENT PLAN

Client _____

Record ID _____

Medication Activity <small>✓ all that apply</small>	Frequency	Responsible Person	Supervision
___ Reminders			
___ Refill			

Coordination: ___ Pharmacy ___ Caregiver ___ Family Member			
___ Other (specify)			

When to notify RN: _____

Other Instructions/Comment: _____

Goals for Medication Management Plan: ___ Medication Adherence
 ___ Early Identification of Side Effects/Adverse Reactions ___ Optimal Therapeutic Effect

Plan prepared with ___ client ___ caregiver/family

RN Signature

Date

Client/Responsible Party Signature

Date

SERVICE PLAN: PART 5 – CARE PLAN PCA/DSW/ULP CARE PLAN

Client _____ Medical Record # _____

ASSESSMENT

Medical Diagnosis _____

Special Diet/Instructions _____ Allergies _____ Special

Equipment/Instructions _____

Vulnerability Risks addressed by interventions: ___ Self-Abuse ___ Behavior ___ Susceptibility Factors

Resuscitation Status _____ Other Instructions regarding Advance Directives _____

√	HOME HEALTH AIDE INTERVENTIONS	Special Instructions/Frequency
	Assistance with Dressing Clothing ___ Hearing Aide ___ Elastic Stockings/TEDs ___ Braces/Orthotic Devices ___	
	Bath: Type _____ Shower Chair ___ Shampoo ___	
	Assistance with Grooming: Oral Care ___ Hair Care ___ Dentures ___ Upper ___ Lower ___ Shaving ___ Razor Type _____ Nail Care ___ Foot Care ___ Skin Care _____	
	Toileting Assistance Incontinent Pads ___ Catheter ___ Type _____ Ostomy ___ Type _____ Other _____	
	Assistance with Meals (specify)	
	Exercise Program (specify)	
	Assistance with Mobility (specify)	
	Assistance with Transfer	
	Assistance with Positioning	
	Medication Assistance	___ See Medication Management Plan
	Vital Signs, Weight & Blood Glucose (specify) ___ See Vital Signs/Weight flowsheet ___ See Blood Glucose flowsheet	
	Behavior/Orientation ___ See also Mental Health Care Plan ___ See also Behavioral Health Assessment & Interventions	___ See Behavioral Health flowsheet
	TREATMENTS:	

	HOMEMAKER INTERVENTIONS	Special Instructions/Frequency
	Clean Kitchen Remove Garbage___ Wash Dishes___ Monitor Foods for Freshness___ Shopping___	
	Clean Bathroom	
	Bedroom Change Linens___ Monitor Clothing for Cleanliness___	
	Laundry	
	Household Vacuum___ Dust___	

Other Information and Instructions _____

√	GOALS: <input type="checkbox"/> Promote self-care/independence <input type="checkbox"/> Maintain stability <input type="checkbox"/> Assure safety <input type="checkbox"/> Other (specify) _____ <input type="checkbox"/> Maintain dignity <input type="checkbox"/> Maintain hygiene
√	Care Plan Developed with: Client _____ Family/Responsible Party (specify) _____

RN Signature _____

Date _____

Care Plan Review	
Care Plan Updates developed with:	
Client _____ Family/Responsible Party (specify) _____	
Date of Review/Update	Signature(s)

**PCA'S ORIENTED TO CARE PLAN
AND SIGNATURE SHEET**

Client _____

MR # _____

By my signature below, I indicate that I have been oriented to the Care Plan for this client by the QP.

<u>INITIALS</u>	<u>SIGNATURE</u>	<u>PRINT NAME</u>	<u>DATE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

VULNERABILITY ASSESSMENT

Client: _____

MR # _____

Other vulnerable individuals in home: None ___ Yes ___ If yes, # _____

Do Vulnerabilities exist in each area	Yes	No	*Individual Abuse Prevention Plan
<i>Mark "Yes" if there is a problem in the area and mark "No" if there is not</i>			<i>Complete for all areas marked, "Yes"</i>
Oriented to person, place & time			
Environment safe/clean			
Visual difficulties			
Hearing difficulties			
Speech/language barriers			
Understands/follows instructions			
Able to ambulate safely with/without device			
Risk for elopement			
Chronic condition(s)/pain/illness/disability			
Ability to use telephone			
Ability to manage finances			
Social support system			
Ability to self administer medications			
Possesses functional limitations			If yes, specify:
Presence of risk factors in environment or with other residents			
Susceptible to abuse by others in home or community environment			
Ability to report abuse/neglect concerns			
Client at risk for abusing other vulnerable individuals			

*A plan to minimize the risk of abuse/neglect may also be established in the Care Plan for each vulnerable area identified in this assessment.

Comments: _____

RN Signature _____ Date: _____

NOTICE OF USE AND DISCLOSURE PRACTICES (HIPAA)

This notice describes how clinical information may be used and disclosed, and how you can get access to this information. Please review this notice carefully.

V-Care Home Health will make every effort to protect the privacy of your personal health information. Personal Health Information (such as diagnosis, home care services, clinical data, or medications) will be disclosed:

- 1) To other health care providers currently providing service to you (e.g. case manager, physician, pharmacist)
- 2) To health care providers who may provide service to you through a referral at your request or at your responsible party's request (e.g. medical transportation service, equipment supplier)
- 3) To other providers when so requested by you or your responsible party.
- 4) To your insurance or other funding source as required for reimbursement.
- 5) To governmental agencies overseeing home health care.

Only the minimum amount of protected health information necessary to accomplish the purpose of the disclosure or request will be provided. For instance, we will provide only information about functional limitations to the transportation provider. Except as required by law, V-Care Home Health will not release your health records without a signed/dated consent from you.

As a recipient of home care services, you have the right under law to have personal, financial, and medical information kept private, and to be advised of our policies and procedures regarding disclosure of such information. You also have the right to be allowed access to records and written information. We will comply with your written request for copies of records or a summary of the information in the records unless such information is detrimental to your physical or mental health or would cause you to harm yourself or another. In such a situation, the information can be given to another provider or to your responsible party.

You have the right to ask us to change personal health information in the clinical record. Please make any such request in writing. We will not amend records in the following situations.

V-Care Home Health:

- 1) Does not have the records you want amended,
- 2) Did not create the records you want amended,
- 3) Has determined that the records are accurate and complete or
- 4) The records have been compiled in anticipation of a civil, criminal or administrative act or proceeding.

V-Care Home Health is required by law to maintain the privacy of its clients' protected health information. If you would like further information about our privacy policies, please contact Charleeya Vang, Administrator at 651-793-7635. You may also contact Charleeya by email (charleeya@vcarehome.com), phone or in writing with any concerns or complaints you have about the privacy of your protected health information. Your signature below indicates that you have received a copy of and understand this notice.

Client/Responsible Party Signature

Date



1049 Payne Avenue
Saint Paul MN 55130
Phone: 651-793-7635 Fax: 651-793-7659

EMERGENCY INFORMATION

Client Information

Name _____
First Middle Last DOB

MR# _____ Address _____

Diagnosis _____ Allergies _____

DNR/DNI Status _____ Health Care Directives _____

Other Health Information _____

Attach Medication List

Emergency Contacts

1st Contact _____ Relationship _____

Address _____

Phone: H) _____ W) _____

Cell) _____ P) _____

2nd Contact _____ Relationship _____

Address _____

Phone: H) _____ W) _____

Cell) _____ P) _____

Primary Physician _____ Phone _____

Address/Specialty _____

Other Physician _____ Phone _____

Address/Specialty _____

Hospital Preference _____

Other Health Care Providers/Phone _____

EMERGENCY PREPAREDNESS

Priority Code: _____

Level 1: High Priority: Clients in this priority level need uninterrupted services. The client must have care. In case of a disaster or emergency, every possible effort must be made to see this client. The client's condition is highly unstable and deterioration or inpatient admission is highly probable if the client is not seen. Included in this level are clients with life sustaining equipment or medication and unstable clients with no caregiver or informal support to provide care

Level 2: Moderate Priority: Services for clients at this priority level may be postponed with telephone contact. A caregiver can provide basic care until the emergency situation improves. The client's condition is somewhat unstable and requires care that should be provided that day but could be postponed without harm to the client.

Level 3: Low Priority: The client may be stable and has access to informal resources for assistance. The client can safely miss scheduled service with basic care provided safely by family, other informal support or by the client personally.

Level 4: Lowest Priority: Home care services may be postponed 72 hours or more with little or no adverse effects. A willing and able caregiver is available or the client is independent in most ADL's.

Evacuation Plan/Location: _____

Other Information: _____
